

# GOVERNMENTAL GUIDELINES

In effect from 14 March 2022 / Last Update: 14 March 2022

## **AUTHORIZED ACTIVITIES**

# **Outdoor and Indoor**

- No restriction;
- No capacity limit;
- Spectators allowed.

# SPORT-STUDY, SPORT CONCENTRATION AND EXTRACURRICULAR ACTIVITIES

- Intervention mask must be worn at all times, including during the practice of the activity;
- Usual training can take place normally without restriction of number or distancing.

### **REMINDERS**

- Wearing a mask or face cover is mandatory at all times indoors except when riding for people 10 years of age and over. It is highly recommended for people from 2 to 10 years old;
- Do not come to the stable if you are experiencing symptoms of COVID-19 or if you have COVID-19;
- Respect the basic health instructions (see poster);
- The biosecurity protocol is available on the Cheval Québec website: https://cheval.quebec/Download/COVID-19\_biosecurity\_protocol-2nd-wave-V2\_7january2021\_printQ.pdf

# FOR MORE INFORMATION

https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/confinement-in-quebec/#c81018

